

# 7

Give the lesser-used little finger a workout with this strengthening/loosening-up exercise. The figures in circles show which left-hand fingers to use. The exercises below are on the 1st and 2nd strings. For a more demanding workout, try them out on the other strings.

On exercises 1 and 2, don't allow the little finger to move too far away from the fretboard (see tip 2).

For exercises 3 and 4, the little finger will jump from the 2nd to 1st string and back again, rather than barring the two strings simultaneously.

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|-------------------------|
| ① = 1st (index) finger  |
| ② = 2nd (middle) finger |
| ③ = 3rd (ring) finger   |
| ④ = 4th (little) finger |

exercise 1

Exercise 1 consists of two measures of music on a single staff. The first measure contains eight notes: G4 (circled 4), A4 (circled 3), B4 (circled 4), C5 (circled 3), D5 (circled 4), E5 (circled 2), F5 (circled 4), and G5 (circled 2). The second measure contains eight notes: G5 (circled 4), F5 (circled 1), E5 (circled 4), D5 (circled 1), C5 (circled 4), B4 (circled 2), A4 (circled 4), and G4 (circled 2). Below the staff is a TAB line with fret numbers: 12 11 12 11 12 10 12 10 | 12 9 12 9 12 10 12 10.

exercise 2

Exercise 2 consists of two measures of music on a single staff. The first measure contains eight notes: G4 (circled 4), A4 (circled 3), B4 (circled 4), C5 (circled 3), D5 (circled 4), E5 (circled 2), F5 (circled 4), and G5 (circled 2). The second measure contains eight notes: G5 (circled 4), F5 (circled 1), E5 (circled 4), D5 (circled 1), C5 (circled 4), B4 (circled 2), A4 (circled 4), and G4 (circled 2). Below the staff is a TAB line with fret numbers: 7 6 7 6 7 5 7 5 | 7 4 7 4 7 5 7 5.

exercise 3

Exercise 3 consists of two measures of music on a single staff. The first measure contains eight notes: G4 (circled 1), A4 (circled 4), B4 (circled 4), C5 (circled 4), D5 (circled 2), E5 (circled 4), F5 (circled 4), and G5 (circled 4). The second measure contains eight notes: G5 (circled 3), F5 (circled 4), E5 (circled 4), D5 (circled 4), C5 (circled 2), B4 (circled 4), A4 (circled 4), and G4 (circled 4). Below the staff is a TAB line with fret numbers: 9 12 12 10 12 12 12 | 11 12 12 10 12 12 12.

exercise 4

Exercise 4 consists of two measures of music on a single staff. The first measure contains eight notes: G4 (circled 1), A4 (circled 4), B4 (circled 4), C5 (circled 4), D5 (circled 2), E5 (circled 4), F5 (circled 4), and G5 (circled 4). The second measure contains eight notes: G5 (circled 3), F5 (circled 4), E5 (circled 4), D5 (circled 4), C5 (circled 2), B4 (circled 4), A4 (circled 4), and G4 (circled 4). Below the staff is a TAB line with fret numbers: 4 7 7 7 5 7 7 7 | 6 7 7 7 5 7 7 7.