

# Essential warm-up exercises Level 1

Philip Cunningham

**Monday 1A**

C major

*f*

D major

F major

G major

A minor

- Focus on slow weighted finger control
- Vary by playing R.H. legato and L.H. staccato or R.H. staccato and L.H. legato
- Try playing in D minor, E major, A major and B minor

Total time: 60 seconds

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Hold minims throughout

**Sunday 2G**

Total time: 50 seconds

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